

**Lesson 1: The One and Only** 

### **Memory Verses**



For the law was given through Moses; grace and truth came through Jesus Christ.

John 1:17

You shall have no other gods before Me.

Exodus 20:3

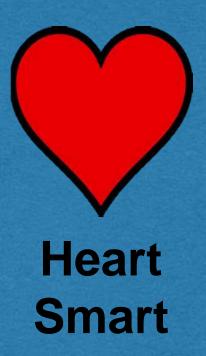




**Building Blocks** 



Who? Why? What?





# Building Blocks

## Building Blocks

God knew we needed a strong foundation.



God's Motivation: Out of God's great love and amazing grace, God provides for God's creation.

God's Intention for us: Our Lord wants us to live lives worthy of our calling, a life set apart.

Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and love your neighbor as yourself.

### Building Blocks

The Israelites were sandwiched between Egypt and Canaan.
Both were polytheistic lands.



How did the worship of many gods start?

- Make sense of the laws of nature
- Created gods that controlled things they couldn't
- To get favors, the worshippers tried to appease the self-centered gods.

Hear O Israel, the Lord our God, the Lord is one!



I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

#### **Announcement of the Author's ID!**

- 1. Lord: The one speaking has authority, power, and control over another.
- 2. Your: God is claiming us by showing that God wants and has a relationship with God's people.
- 3. God: Author is the Supreme Being, Creator, and Sovereign Ruler.

Jam the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

### **Reasons for the Upcoming Statements**

- 1. This is tangible evidence rooted in their experience.
- 2. God is a provider who acts on our behalf. God is the giver of gifts.
- 3. God listens to God's people.
- 4. God turns the societal norms upside down.

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

This statement is the **starting point** for all of the other commandments!

#### God demands:

Absolute Exclusivity Undivided Loyalty

Complete Commitment Total Trust Discipleship

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

What does this imply?

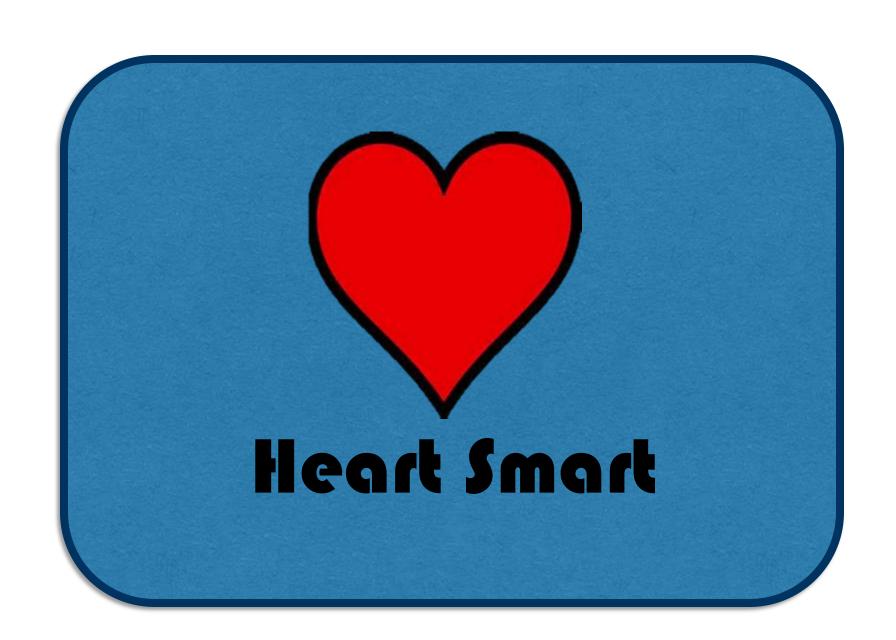
- 1. No other gods in front of the Lord your God.
- 2. No other gods walking **side by side** of the Lord.
- 3. No other gods **replacing** the Lord your God.
- 4. No other gods above or below the Lord.

No acquisition of or devotion to others gods!!!

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

Ours is the God of revelation, who commands: "Don't insult me by bringing all the other gods alongside me, and don't dare insult me by putting them ahead of me."

Stuart Briscoe

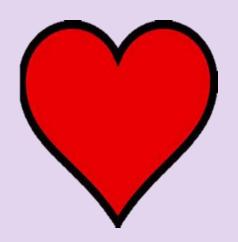


## 8 Steps to a Heart Healthy Spiritual Life



- 1. <u>Acknowledge</u> that other gods exist. Paul Tillich says, "Whatever is one's 'ultimate concern' is in reality one's god."
- 2. Recognize that gods are alluring and tempting.
- 3. <u>Be obedient to scripture</u>. In the wilderness, Jesus quoted scripture to Satan. Luke 4:1-13

### Heart Smart



- 4. <u>Believe</u> that Jesus is the one who paid the price for our sins.
- **5.** <u>Trust in forgiveness</u> that Jesus offers repentant sinners.
- 6. Practice **humility** and focus on **gratitude**.

### Heart Smart

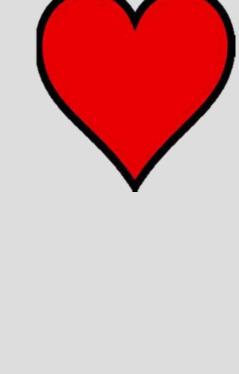


- 7. Live a **changed** life.
- 8. Nurture a God honoring heart where we love God and neighbor.

### Heart Smart

therefore they forgot me.

Yet I have been the LORD your God
ever since the land of Egypt;
you know no God but me,
and besides me there is no savior.
It was I who fed you in the wilderness,
in the land of drought.
When I fed them, they were satisfied;



Hosea 13:4-6 NRSV

Are you heart healthy?

they were satisfied, and their heart was proud;

What gods may be Creeping into your heart, and what are you going to do about it?



Applying the Lesson to Your Life



# Closing Prayer